

Unit 1: Advocacy

Unit #: APSDO-00020349 Grade(s): 6

Team: Sarah Chaves (Author), Todd Dyer

Subject(s): School Counseling
Course(s): GR. 6 - SCHOOL COUNSELING

Unit Focus

In this unit, students will learn how to advocate for themselves through the identification of school and community resources, how to ask for help, and how to utilize those resources. Students will complete a needs assessment and self-reflection prompt.

Stage 1: Desired Results Transfer **Established Goals** What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their **Standards** learning to... Avon School Counseling Standards (CT 2020) T1 (T2) Advocate based on personal needs (academic, behavioral, emotional, and physical) to determine a thoughtful · School Counselling course of action. ACADEMIC DEVELOPMENT Demonstrate skills for effective learning and Meaning achieving school success. (A1) SOCIAL/EMOTIONAL DEVELOPMENT Essential Question(s) Understanding(s) Demonstrate understanding and practice of What specifically do you want students to understand? What | What thought-provoking questions will foster inquiry, personal safety skills. (SE5) inferences should they make? Students will understand meaning making, and transfer? Students will keep considering... that... Q1 (Q09) In what ways do I advocate for myself and U1 (U4) There is often more than one solution to a problem, but the right solution depends upon the others? situation. Q2 (Q08) What resources are available to me and how do I access them? U2 Self advocacy helps to empower you to speak up for yourself and make decisions about your life. Q3 (Q07) What part of this problem is within my control? What part do I need help with? Q4 (Q05) Who is here to help me? Where do I go for help? Acquisition

Knowledge

Skill(s)

	t facts and basic concepts should students know and be to recall? Students will know		t discrete skills and processes should students be able to Students will be skilled at
K1	What advocacy means	S1	Demonstrating how to advocate for self and/or others
к2	When they need to advocate for self and/or others and what resources are available to them	S2	Identifying resources and other supports in the building
кз	The definition of confidentiality	S3	Identifying actions or behaviors that can be utilized to deal with a specific problem
		S4	Demonstrating respect for others when communicating personal needs and challenges